

# External Resources for Advanced Care Planning



### **The Conversation Project**

The Conversation Project is a public engagement initiative with a goal that is both simple and transformative: to help everyone talk about their wishes for care through the end of life, so those wishes can be understood and respected.

https://theconversationproject.org/



### **Five Wishes**

Five Wishes is a complete approach to discussing and documenting your care and comfort choices. It's about connecting families, communicating with healthcare providers, and showing your community what it means to care for one another.

https://fivewishes.org/Home



### The Hello Game

Conversation starter for family and friends about what matters most. Hello is a conversation game. It's the easy, non-threatening way to start a conversation with your family and friends about what matters most to you.

https://commonpractice.com/products/hello-game



## National Hospice and Palliative Care Organization (NHPCO) The NHPCO provides free resources across numerous topics including

caregiver support and grief support to help people make decisions

https://www.nhpco.org



#### PREPARE

**PREPARE** Resources to begin having conversations around preparing for your care.

https://prepareforyourcare.org/en/welcome