

Where to Go for Care

Call your primary care provider, even after hours, if you are unsure where to go.



PRIMARY CARE OFFICE

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The go-to place for managing your health care. Your primary care provider knows your medical history best.

OPEN: Weekdays. Some offices have early, late and weekend appointments. Providers always on call.

GOOD FOR:

- Annual physicals
- Routine screenings
- Vaccines
- Sprains and strains
- Chronic conditions
- Medicine refills
- Colds and flu
- Anxiety and depression



WALK-IN CLINIC

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Treatment for minor illnesses and injuries when you can't wait for an appointment.

OPEN: Usually every day, morning to early evening.

GOOD FOR:

- Colds and flu
- Minor cuts and burns
- Sprains and strains



URGENT CARE CENTER

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Immediate care for conditions that are not life-threatening. Shorter average wait times than the emergency room.

OPEN: Usually every day, morning to early evening.

GOOD FOR:

- Asthma
- Cuts requiring stitches
- Broken bones
- Concussions
- Vomiting and diarrhea



EMERGENCY ROOM

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Immediate care for life-threatening conditions, including heart attack and stroke.

OPEN: Always.

GOOD FOR:

- Fever in a child less than 3 months old
- Chest pain
- Shortness of breath
- Sudden numbness, weakness or speech difficulty
- Severe belly pain
- Coughing or vomiting blood
- Uncontrolled bleeding
- Mental health crisis

